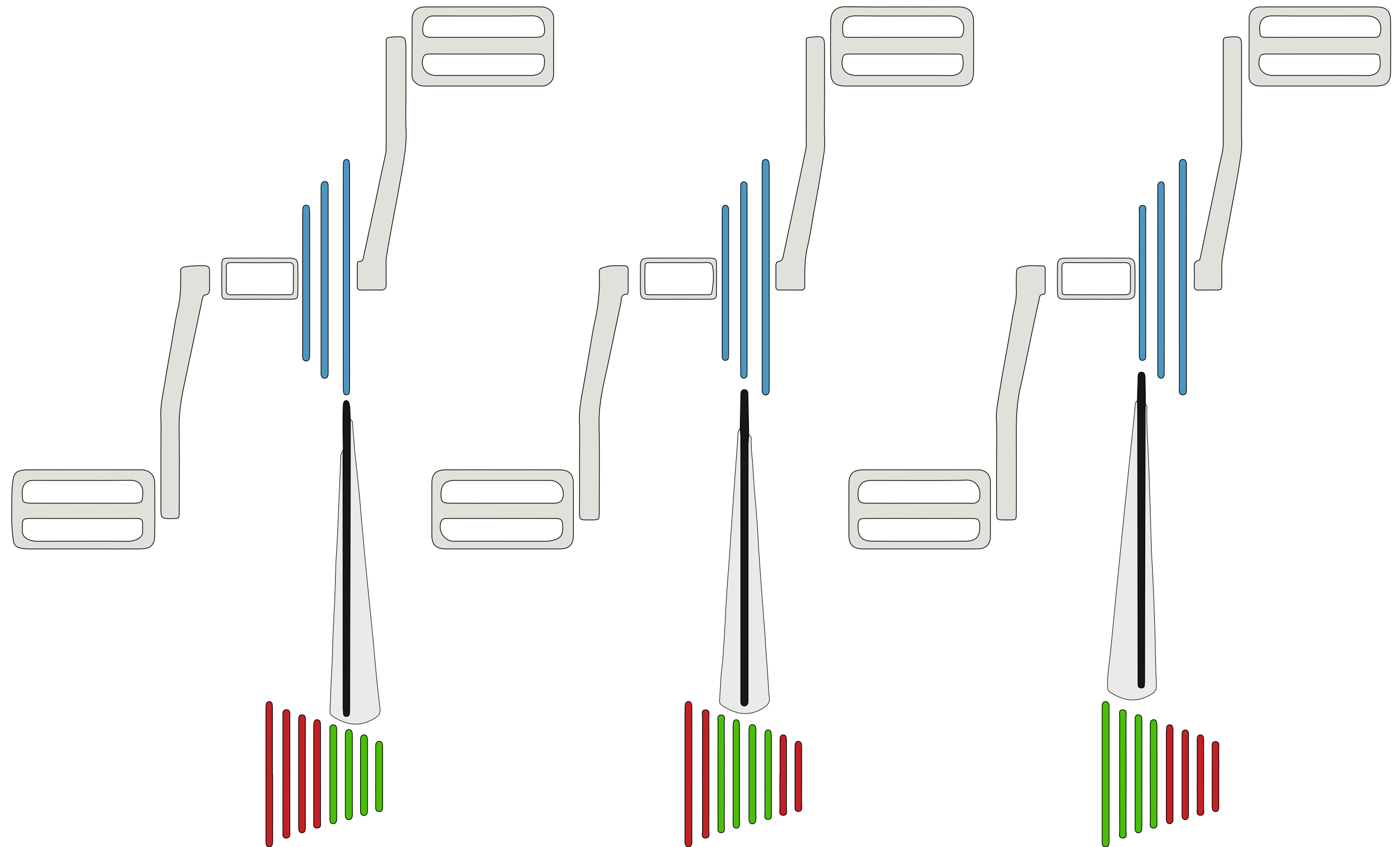


Gears usage recommendations - Triple crankset



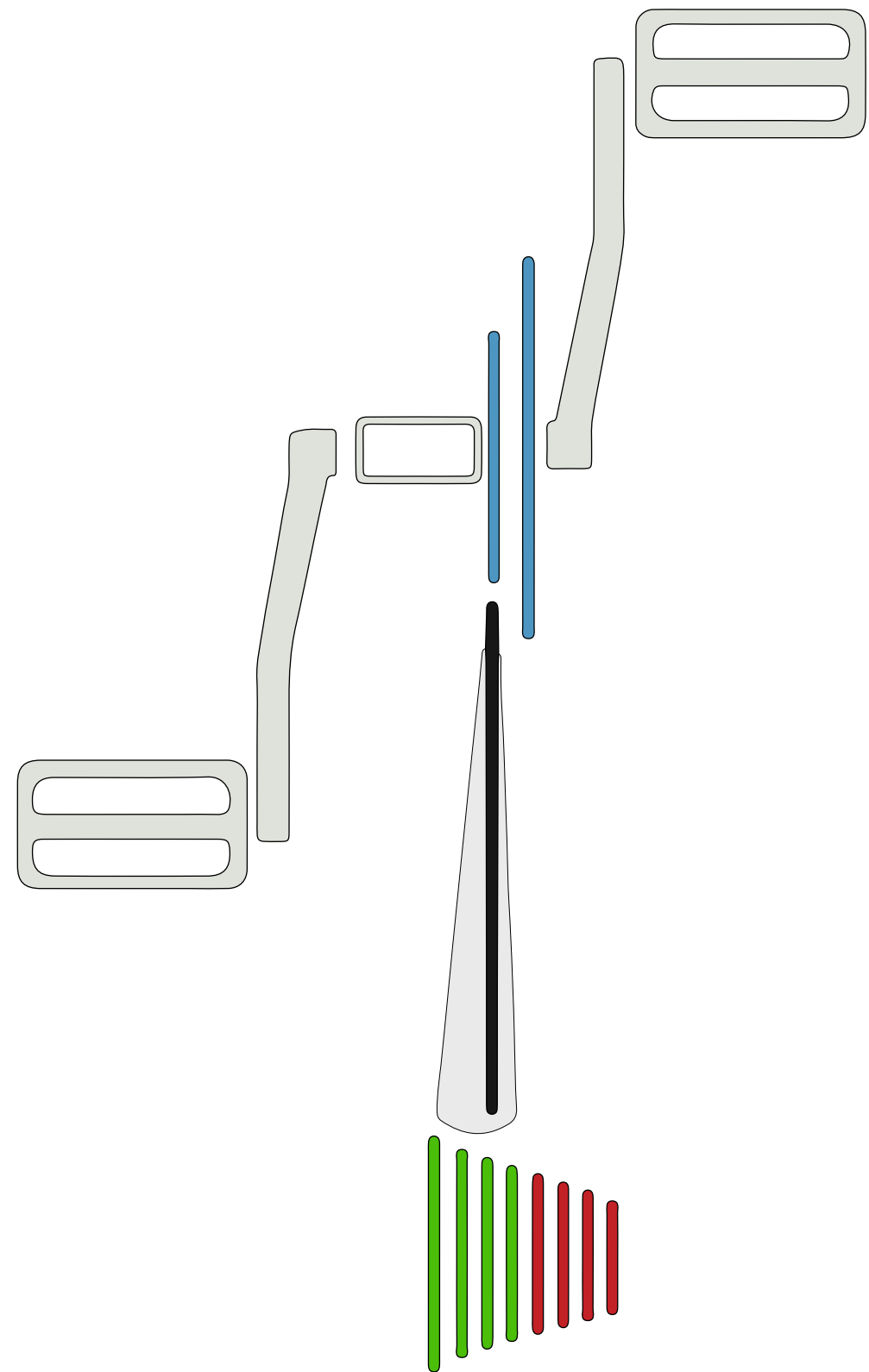
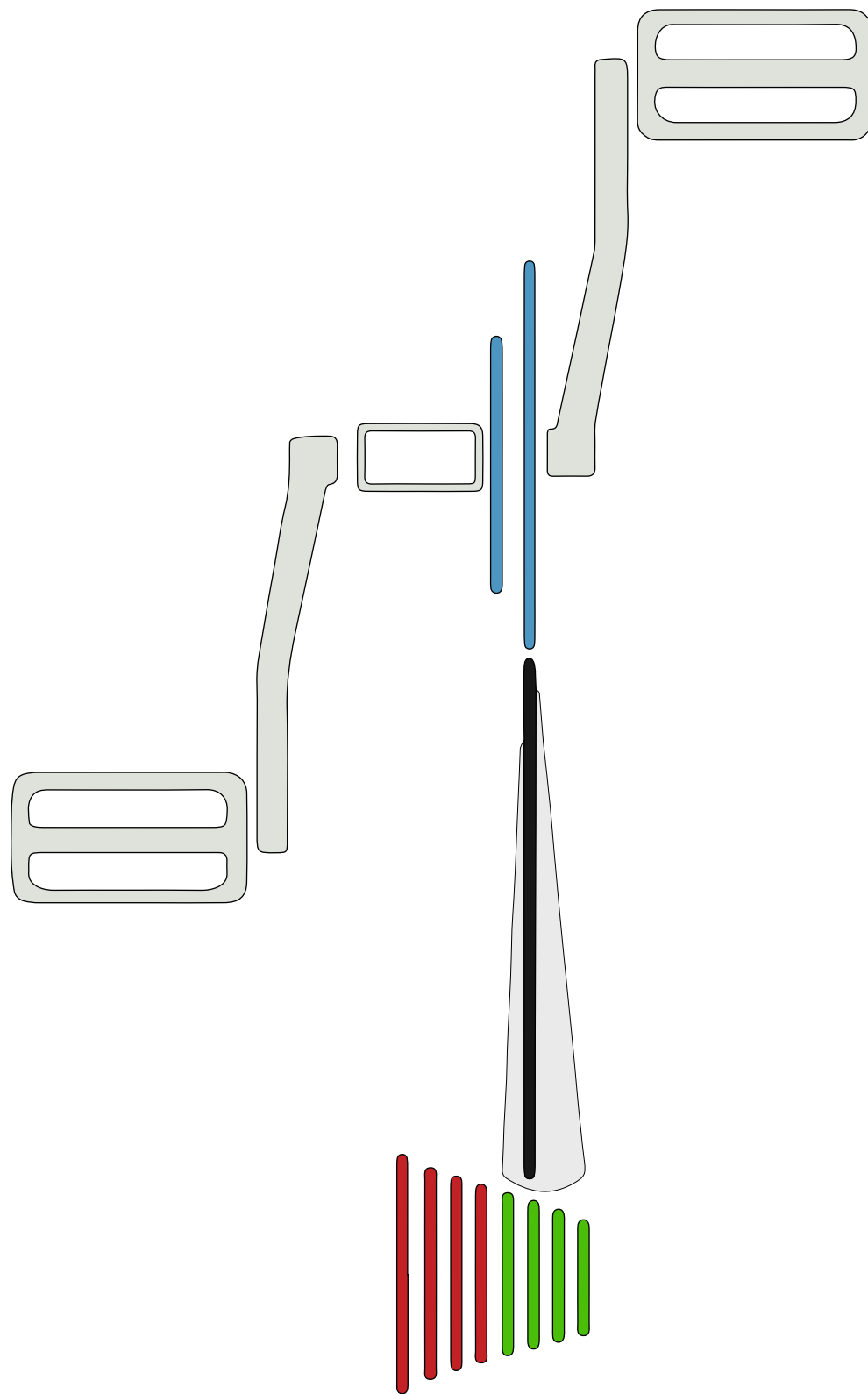
CHAIN

GEARS TO AVOID

RECOMMENDED GEARS

CHAINRING

Gears usage recommendations - Double crankset



CHAIN **GEARS TO AVOID** **RECOMMENDED GEARS** **CHAINRING**